

# **SENIOR ACTIVITIES CALENDAR**

## **CITY OF MILLBRAE AUGUST, 2019**

For more information contact the Recreation Department at 259-2360 Monday through Friday between 8:30 AM and 5:00 PM.

### **August 1 – Thursday**

Fitness Class for Seniors, 11:00 until 12:00, Chetcuti Room, \$2

Drop-In Painting, 1:00 until 4:00, Millbrae Community Center, \$3

### **August 2 – Friday**

Line Dancing (beginner), 8:30 until 9:30, Millbrae Community Center, \$5

Self Help for the Elderly Activity and Lunch, 10:30 until 1:00, Chetcuti Room, RSVP required at 415-319-4115, \$3 donation suggested

### **August 5 – Monday**

Line Dancing (beginner), 9:30 until 10:30, Millbrae Community Center, \$5

Games (Pedro, Chess, Mexican Train), 10:00 until 2:00, Millbrae Library Room A, \$2

Line Dancing (intermediate), 10:30 until 11:30, Millbrae Community Center, \$5

Self Help for the Elderly Activity and Lunch, 10:30 until 1:00, Chetcuti Room, RSVP required at 415-319-4115, \$3 donation suggested

Ballroom Round Dancing, 2:30 until 4:00, Millbrae Community Center, \$2, each week builds on the week before, so start each month on the first Monday

### **August 6 – Tuesday**

Quilting, 12:00 until 4:00, Millbrae Community Center, \$2

National Night Out, 6:00, Central Park, free

### **August 7 – Wednesday**

Senior Boutique Club, 9:00 until 11:30, Millbrae Community Center, free

Self Help for the Elderly Activity and Lunch, 10:30 until 1:00, Chetcuti Room, RSVP required at 415-319-4115, \$3 donation suggested

## **August 8 – Thursday**

Fitness Class for Seniors, 11:00 until 12:00, Chetcuti Room, \$2

Drop-In Painting, 1:00 until 4:00, Millbrae Community Center, \$3

Beats and Brews on Broadway / 2019 Free Music Series, 5:00 until 8:00, 300 block of Broadway between Hillcrest and LaCruz

## **August 9 – Friday**

Line Dancing (beginner), 8:30 until 9:30, Millbrae Community Center, \$5

Self Help for the Elderly Activity and Lunch, 10:30 until 1:00, Chetcuti Room, RSVP required at 415-319-4115, \$3 donation suggested

## **August 12 – Monday**

Line Dancing (beginner), 9:30 until 10:30, Millbrae Community Center, \$5

Games (Pedro, Chess, Mexican Train), 10:00 until 2:00, Millbrae Library Room A, \$2

Line Dancing (intermediate), 10:30 until 11:30, Millbrae Community Center, \$5

Self Help for the Elderly Activity and Lunch, 10:30 until 1:00, Chetcuti Room, RSVP required at 415-319-4115, \$3 donation suggested

Ballroom Round Dancing, 2:30 until 4:00, Millbrae Community Center, \$2, each week builds on the week before, so start each month on the first Monday

## **August 13 – Tuesday**

Quilting, 12:00 until 4:00, Millbrae Community Center, \$2

## **August 14 – Wednesday**

Senior Boutique Club, 9:00 until 11:30, Millbrae Community Center, free

Self Help for the Elderly Activity and Lunch, 10:30 until 1:00, Chetcuti Room, RSVP required at 415-319-4115, \$3 donation suggested

Senior Birthday Lunch, 11:00 until 1:00, Magnolia of Millbrae, RSVP to 259-2360, \$5, free your birthday month

## **August 15 – Thursday**

Fitness Class for Seniors, 11:00 until 12:00, Chetcuti Room, \$2

Drop-In Painting, 1:00 until 4:00, Millbrae Community Center, \$3

## **August 16 – Friday**

Line Dancing (beginner), 8:30 until 9:30, Millbrae Community Center, \$5

Self Help for the Elderly Activity and Lunch, 10:30 until 1:00, Chetcuti Room, RSVP required at 415-319-4115, \$3 donation suggested

Free Movie Night, begins at Sundown, Central Park

## **August 19 - Monday**

Line Dancing (beginner), 9:30 until 10:30, Millbrae Community Center, \$5

Games (Pedro, Chess, Mexican Train), 10:00 until 2:00, Millbrae Library Room A, \$2

Line Dancing (intermediate), 10:30 until 11:30, Millbrae Community Center, \$5

Self Help for the Elderly Activity and Lunch, 10:30 until 1:00, Chetcuti Room, RSVP required at 415-319-4115, \$3 donation suggested

Ballroom Round Dancing, 2:30 until 4:00, Millbrae Community Center, \$2, each week builds on the week before, so start each month on the first Monday

## **August 20 – Tuesday**

Quilting, 12:00 until 4:00, Millbrae Community Center, \$2

## **August 21 – Wednesday**

Senior Advisory Committee Meeting, 9 until 10, Millbrae Community Center, free

Senior Boutique Club, 9:00 until 11:30, Millbrae Community Center, free

Self Help for the Elderly Activity and Lunch, 10:30 until 1:00, Chetcuti Room, RSVP required at 415-319-4115, \$3 donation suggested

## **August 22 – Thursday**

Fitness Class for Seniors, 11:00 until 12:00, Chetcuti Room, \$2

Drop-In Painting, 1:00 until 4:00, Millbrae Community Center, \$3

## **August 23 – Friday**

Line Dancing (beginner), 8:30 until 9:30, Millbrae Community Center, \$5

Senior Social Hour, 9:30 until 10:30, Millbrae Community Center, free

Self Help for the Elderly Activity and Lunch, 10:30 until 1:00, Chetcuti Room, RSVP required at 415-319-4115, \$3 donation suggested

## **August 26 - Monday**

Line Dancing (beginner), 9:30 until 10:30, Millbrae Community Center, \$5

Games (Pedro, Chess, Mexican Train), 10:00 until 2:00, Millbrae Library Room A, \$2

Line Dancing (intermediate), 10:30 until 11:30, Millbrae Community Center, \$5

Self Help for the Elderly Activity and Lunch, 10:30 until 1:00, Chetcuti Room, RSVP required at 415-319-4115, \$3 donation suggested

Ballroom Round Dancing, 2:30 until 4:00, Millbrae Community Center, \$2, each week builds on the week before, so start each month on the first Monday

## **August 27 – Tuesday**

Quilting, 12:00 until 4:00, Millbrae Community Center, \$2

## **August 28 – Wednesday**

Senior Boutique Club, 9:00 until 11:30, Millbrae Community Center, free

Self Help for the Elderly Activity and Lunch, 10:30 until 1:00, Chetcuti Room, RSVP required at 415-319-4115, \$3 donation suggested

## **August 29 – Thursday**

Fitness Class for Seniors, 11:00 until 12:00, Chetcuti Room, \$2

Drop-In Painting, 1:00 until 4:00, Millbrae Community Center, \$3

## **August 30 – Friday**

Line Dancing (beginner), 8:30 until 9:30, Millbrae Community Center, \$5

Senior Social Hour, 9:30 until 10:30, Millbrae Community Center, free

Self Help for the Elderly Activity and Lunch, 10:30 until 1:00, Chetcuti Room, RSVP required at 415-319-4115, \$3 donation suggested