

**F.O.G. clogs pipes  
and can cause costly  
backups in your  
neighborhood and  
even your home!**



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**Remember, all drains in  
your home flow into the  
same sewer pipe!**



Clogged pipes can be caused by more than Fats, Oils, and Grease (F.O.G.). Any items that are put down the toilet or drain can lead to expensive and messy sewer backups and overflows in your home and City.



**CITY OF MILLBRAE**

**FIGHT  
F.O.G.™**

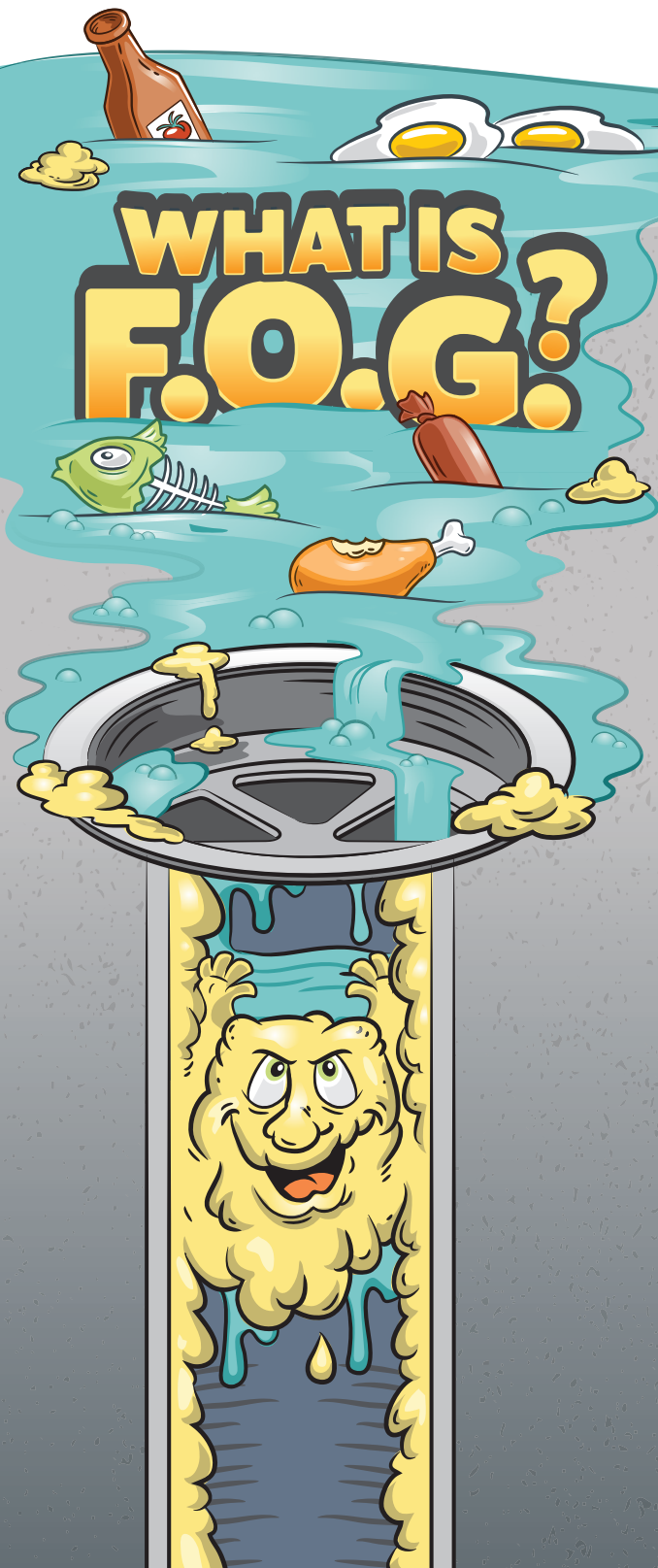
**Keep Fats, Oils, & Grease  
Out of Your Drain!**



**City of Millbrae Pretreatment Program**

650.259.2397

[www.ci.millbrae.ca.us/pollutionprevention](http://www.ci.millbrae.ca.us/pollutionprevention)

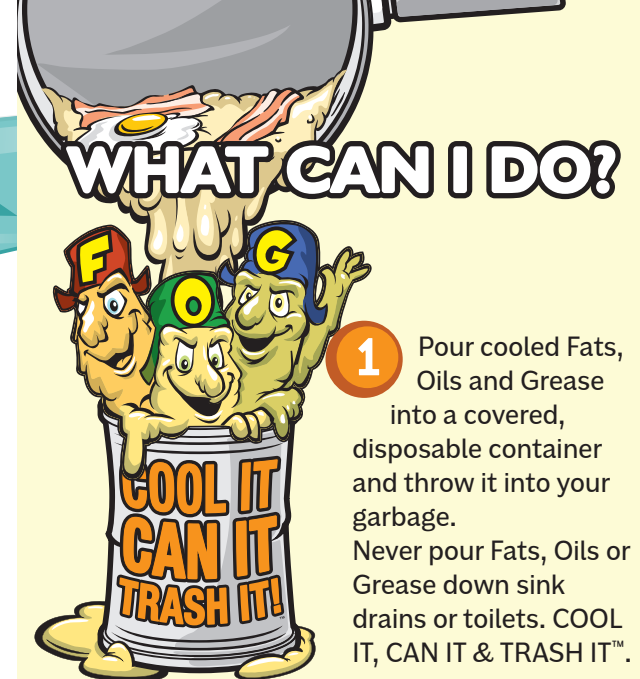


# WHAT IS F.O.G.?

**Fats, Oils & Grease (F.O.G.)** are found in common foods and ingredients such as: bacon and other meats, fish, butter, cooking oil, mayonnaise, gravies, dressings and food scraps. Often, Fats, Oils and Grease become a liquid from cooking, or they may be hidden within products such as dressings, mayonnaise and other foods that were cooked in oil and/or butter.

## SO, WHAT'S THE PROBLEM?

F.O.G. builds up and creates problems in the sewer system and pipes by causing clogs and sewer back-ups in your home and neighborhood. Often times Fats, Oils and Grease are in liquid form and appear to wash down a drain. Garbage disposals break up chunks of food, but do not get rid of F.O.G. Instead, F.O.G. solidifies and collects on walls of pipes until they become clogged.



- 1 Pour cooled Fats, Oils and Grease into a covered, disposable container and throw it into your garbage. Never pour Fats, Oils or Grease down sink drains or toilets. COOL IT, CAN IT & TRASH IT™.



- 3 Before you wash dishes, scrape food scraps from your plates, pots, and pans into your garbage can or compost container.



- 4 Avoid using your garbage disposal. Use sink strainers to catch any remaining food waste while washing dishes.