



MILLBRAE NEWS

A Bi-Weekly Newsletter from The City of Millbrae
VOLUME 1, ISSUE 5 / SEPTEMBER 16, 2022



CITY OF
MILLBRAE IN
YOUR SMART
PHONE

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NEWSLETTER
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City of Millbrae Held its First City Council Hybrid Meeting

The City of Millbrae held its first hybrid meeting Tuesday, September 13, 2022. The hybrid model allowed for City Council to attend either in person or virtually through Zoom. Attendants also had the option to join in person at the Council Chambers or to virtually watch through Zoom or YouTube live streamed by MCTV. Council Meetings will continue to be held in a hybrid form allowing for meetings to be more accessible.

There were several proclamations made for the month of September. September will be recognized as Suicide Prevention Month. The City of Millbrae will join the county, state, and country in raising awareness of suicide prevention, treatment, and recovery. September will also be recognized as National Preparedness Month, which highlights the importance of preparing your homes, businesses, and communities for disasters and emergencies. September 15th marks the beginning of National Hispanic Heritage Month, which continues through October 25, 2022. In addition, the week of September 19th through the 24th is recognized as Pollution Prevention Week. Then, September 21st will be observed as Malta Independence Day.

For a full recap of the September 13th City Council Meeting please visit our [website](#) or you can watch the meeting by viewing it on [MCTV YouTube Channel](#).

Inside this Issue:

Page 2: Living Amongst Wildlife
Water Conservation

Page 3: Write In Period
75th Anniversary Logo Contest

Page 4: CCFD and Millbrae Police Bureau

Page 5: Check the Rec

Page 6: Upcoming Events





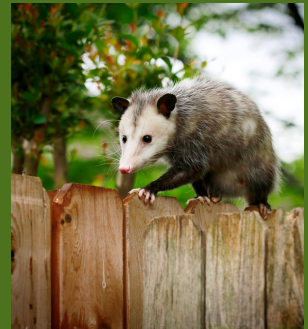
Peninsula Humane Society & SPCA

Living Amongst Wildlife

The City of Millbrae contracts with the County of San Mateo to operate a countywide animal control program through the Peninsula Humane Society & SPCA. If you spot or encounter wildlife please do not intervene and call the Peninsula Humane Society & SPCA by calling 650-340-7022.

A common misconception is that setting a live trap, catching the raccoon, skunk or opossum and destroying it or relocating it will take care of the nuisance. However, before too long another raccoon, skunk or opossum will move into the area. If it was a good habitat for one, it's just as good for another. Urban wildlife enjoy the easy life we often unknowingly provide for them; they don't like a hostile environment. Taking steps to deter them will encourage them to move on. If you have questions or encounter specific problems, please contact our Wildlife Care Center at 650-340-7022 ext. 414.

For more information please visit the [County Website](#) or [Peninsula Humane Society & SPCA website](#).



Water Conservation:

Millbrae water users have always been great at reducing their water consumption and saving water.

Let's continue to cut water waste at our homes and businesses. Together we can make it through this drought.

Rachio Smart Sprinkler Controller is available at a discount! In partnership with BAWSCA, this limited-time program encourages homeowners to maximize watering efficiency at a discounted price on our Rachio R3. Receive premium smart watering technology until supplies run out!

The Rachio Controller is easy to install with guided setup and app control. DIY Installation takes 30 min or less! Visit <https://bawasca.rachio.com/> for more information.

\$100* RACHIO SMART SPRINKLER CONTROLLER

*PLUS TAX

MAXIMIZE WATERING EFFICIENCY

Save time and water with smart watering schedules, controlled from anywhere with your phone

MONTHLY SAVINGS ON WATER BILLS

Rachio users report major savings on monthly water bills, and waste less H2O in their yard

INTELLIGENT WEATHER SKIP

Never water in the rain! Weather Skip knows when to water and when to skip for maximum efficiency



WRITE IN PERIOD IS NOW OPEN

SEPTEMBER 12 -
OCTOBER 25, 2022

DISTRICTS 2 & 4

Write in Period is Open!

Eligible persons seeking to run as a Write-In candidate for Districts 2 and 4 must file a Statement of Write-in Candidacy and other documentation by 5 p.m. on Tuesday, October 25, 2022.

Potential Write-In candidates must file a Statement of Write-In Candidacy, providing the candidate's name and residential address, a declaration of candidacy for a specifically named office, the specific election date, and a Statement of Economic Interests (Form 700). There is a filing fee of \$25.

Information concerning qualified write-in candidates, including their names, will not be printed on voting materials provided to voters such as the Official Ballot or the Sample Ballot & Official Voter Information Pamphlet. However, the Roster of Candidates on the San Mateo County Election Office's website, will includes qualified Write-In candidates. Additionally, a list of qualified Write-In candidates will be available at Vote Centers.

Calling All Artist!



The City of Millbrae's 75th Anniversary is January 14, 2023. The City plans to celebrate its anniversary throughout the year with many different celebrations that are intended to bring the community together.

To begin planning for the celebration, the City of Millbrae is looking for a new logo for the City's 75th Anniversary. The new logo may be used on the City's website, social media sites, business cards, letterhead, posters, souvenir trinkets/merchandise, and gifts, or anywhere else the City chooses.

Please review the [Logo Competition Guidelines and Contest Rules](#) for a full list of rules for the contest before submitting your logo application. Submission of a logo is confirmation that you have read and agree to these rules.

The contest closes on September 30, 2022, at 5:00 PM. All submissions should be submitted electronically to PIO@ci.millbrae.ca.us



MILLBRAE

Logo Design Contest

Millbrae's 75th Anniversary

Help us celebrate and prepare by submitting your best artwork for the 75th Anniversary Logo!

LOGO REQUIREMENTS:

- Must say Millbrae or use the M logo within
- Must have 75th Anniversary or numbers 75 incorporated in the logo
- Must be in PNG or JPG format

Submit Logo Designs to PIO@ci.millbrae.ca.us by September 30, 2022

Voting will open to public on October 3, 2022





September is National Suicide Prevention Month.

All month, mental health advocates, prevention organizations, survivors, allies, and community members unite to promote suicide prevention awareness. The San Mateo County Sheriff's Office, has their own crisis management team called "PERT" (Psychiatric Emergency Response Team); which coordinates with Behavioral Health and Recovery Services (BHRS) in reviewing all Sheriff's Office cases involving possible mental illness. They also conduct follow-up investigation when necessary, with the goal of connecting individuals and families with various services and resources they may need. If you or someone you know are in need of support please call 9-8-8 the new Suicide and Crisis Lifeline.

WARNING SIGNS OF SUICIDE:

The behaviors listed below may be some of the signs that someone is thinking about suicide.

<h4>TALKING ABOUT:</h4>  <ul style="list-style-type: none"> ➤ Wanting to die ➤ Great guilt or shame ➤ Being a burden to others 	<h4>FEELING:</h4>  <ul style="list-style-type: none"> ➤ Empty, hopeless, trapped, or having no reason to live ➤ Extremely sad, more anxious, agitated, or full of rage ➤ Unbearable emotional or physical pain
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CHANGING BEHAVIOR, SUCH AS:



- Making a plan or researching ways to die
- Withdrawing from friends, saying goodbye, giving away important items, or making a will
- Taking dangerous risks such as driving extremely fast
- Displaying extreme mood swings
- Eating or sleeping more or less
- Using drugs or alcohol more often

If these warning signs apply to you or someone you know, get help as soon as possible, particularly if the behavior is new or has increased recently.

988 Suicide & Crisis Lifeline
 Call or text 988
 Chat at 988lifeline.org

Crisis Text Line
 Text "HELLO" to 741741



National Institute of Mental Health

www.nimh.nih.gov/suicideprevention

NIMH Identifier No. CM 22-4316



September is National Preparedness Month and Central County Fire Department is highlighting a few ways to be prepared and stay informed for an emergency.

Staying Fire Safe During Power Outages

During events that create power outages, there's a possibility your home may temporarily lose electricity. If this happens, you can still stay fire safe by:

- Using battery-operated flashlights or portable lamps to light your way. Check now to make sure you have fresh batteries in all your devices.
- If you're using candles to light up your room, keep in a glass or metal base so hot melting wax doesn't drip down onto furniture or your hands. Don't hold a candle while you're walking as the moving flame could accidentally ignite nearby items you pass by.
- Never use portable generators or propane tanks inside your home. Keep them outside and away from windows and doors to reduce exhaust fumes from traveling inside.
- If you see a downed power line, assume it is still energized. Stay away from it and call 9-1-1 immediately.





What's New in Millbrae Recreation!

For more information about activities and upcoming events, visit our website at bit.ly/milrec

Millbrae Cultural Arts Advisory Committee

MILLBRAE ART SHOW

CELEBRATING MILLBRAE & WHAT'S TO COME!

Are you interested in entering your artistic creations in the Millbrae Art Show?

The show is open to anyone who lives, works, or attends school in Millbrae.

October 21, 6:00-9:00 p.m. (hosted reception)

October 22, 12:00-6:00 p.m.

Millbrae Recreation Center, Great Hall

Registration available online at bit.ly/mcaacartshow or in person at the Rec Center

Millbrae Recreation Center
477 Lincoln Circle
(650) 259-2360



Please join us for our 6-week "Tech Sessions"

September 8: Safe Internet Browsing

September 15: All About Apps

September 22: Zoom Basics

September 29: Protecting Against Identity Theft

October 6: Avoiding Phishing Scams

October 13: Email Setup

**OPEN TO
ADULTS 55+**

Please **RSVP:**
helpathand@peninsulafamilyservice.org
(650) 403-4300 ext. 4366

**Location: Millbrae Recreation Center, Senior Lounge
477 Lincoln Circle, Millbrae, CA 94030**

Time: 9:30 a.m.-11:00 a.m.

PRESENTED BY PENINSULA FAMILY SERVICE
www.peninsulafamilyservice.org

LUNCH CRUNCH

Pilot Program

MONDAYS, WEDNESDAYS & FRIDAYS

12-2pm



\$12.60 PER MONTH

JOIN OUR LUNCH TIME OPEN-GYM HOURS!



Now Open For Enrollment

Saturdays

October 8-November 12

477 Lincoln Cir, Millbrae, CA 94030

Storytelling through Art: Communicating My Ideas to Others

Ages 5-7

9:00 - 10:00 am

Exploring Problem Solving through Art: Sculpture Arts Focus

Ages 8-11

10:15 - 11:15 am



EVENTS



**MILLBRAE
DRAFT HOUSING
ELEMENT UPDATE**

Available for review at
City Hall and at
www.ci.millbrae.ca.us/HEU

PLANNING COMMISSION MEETING:
SEPTEMBER 19, 2022
7:00 PM



**17th Annual
MILLBRAE
JAPANESE
CULTURE
FESTIVAL**

Sunday, October 2, 2022 10:30 AM ~ 4:30 PM
Millbrae Library Plaza 1 Library Avenue, Millbrae, CA 94030
presented by
the Millbrae Japanese Culture Festival Committee
For general information, please call 415-602-1660
japaneseculturefest-millbrae.org
FREE Admission



**Millbrae Central Park
Garden Sale!**

SATURDAY, SEPT. 17, 11AM-2PM
MILLBRAE COMMUNITY GARDEN

Plants for sale include succulents, perennials,
native flower seeds, California native bulbs,
and more.

Proceeds will be donated to the Millbrae Pollinator Garden.



**Beats, Brews
& Vines**
ON BROADWAY

6:00-8:00 PM 5:00-7:00 PM
9/15 THU **10/20 THU**
AS IS BAND POLKAGEIST WEST
OKTOBERFEST!

for more information visit: bit.ly/milrec
300 BLOCK OF BROADWAY IN DOWNTOWN MILLBRAE