

REDUCE REUSE & RECYCLE

An Earth Friendly Guide on:

- Reducing the use of toxic products and where to buy non-toxic products
- Reducing pollution and the use of natural resources
- Locating resources for finding and donating items for reuse
- Buying products made from recycled materials



City of Millbrae
Recycling & Waste Prevention Program



Non-Toxic Products

Why Switch to Non-Toxic Products?

- ④ They are better for you, your family, pets, and the environment.
- ④ There are many reasons why it is better to use non-toxic products for the indoors and outdoors. Please see page 4 to learn the hazards of using toxic products, such as cleaning products, pesticides and herbicides.
- ④ Now it's time to make the switch to non-toxic products to create a healthier home environment. This guide lists local and mail order businesses that sell non-toxic, cleaning, gardening and other household products.
- ④ View guides on non-toxic gardening, pest management, and household cleaning on-line at www.ci.millbrae.ca.us/recycling or call us at 259-2444.
- ④ If you have any hazardous waste to dispose of, please see the Where to Dispose & Recycle Hazardous Waste section on page 3.
- ④ The items with the ☘ are not considered non-toxic, but are less toxic and are a better choice than conventional products.
- ④ For more information, please call the City of Millbrae's Recycling & Waste Prevention Program at 259-2444 or visit www.ci.millbrae.ca.us/recycling.










City of Millbrae

Recycling & Waste
Prevention Program

621 Magnolia Avenue
Millbrae, CA 94030
650-259-2444

www.ci.millbrae.ca.us/recycling

How to Create a Healthier Home Environment

-  Choose Products that are: Non-Toxic to humans and wild and aquatic life; biodegradable (certified if possible); and natural-based solvents that are water or vegetable oil based.
-  Avoid Products that are: Petroleum-derived and that contain phosphates, nitrates, chlorine bleach, sodium hypochlorite, EDTA, NTA, ammonia, toluene, and trichlorethylene.
-  Use Non-Toxic Alternatives to Hazardous Products: Use a plunger or snake instead of a commercial drain cleaner; use mulch in the garden instead of a chemical weed killer; try organic gardening techniques and compost instead of pesticides and fertilizers; use vinegar or baking soda and water for general cleaning; and use latex and water based paints.
-  Replace mercury containing compact fluorescent lights and incandescent light bulbs with LED lighting. Orchard Supply Hardware sells LED lights.
-  Take unused or leftover products to one of San Mateo County's free drop-off collection centers. See page 3.
-  Recycle used motor oil and filters and household batteries curbside if you are in a single family dwelling. Residents living in apartments may drop off batteries at the library and used motor oil and filters at O'Reilly, 76 or Millbrae Square Chevron. For more locations, visit <http://flowstobay.org/oilsites>.
-  Attend our free workshops: Organic Gardening, Backyard & Worm Composting, and Native Plant Landscaping. Learn how to garden without pesticides and herbicides and how to make compost to provide nutrients for your garden instead of using fertilizers. View the calendar for workshops on-line at www.ci.millbrae.ca.us/sustainablemillbrae or call 259-2444.



Where to Dispose & Recycle Hazardous Waste

Where to Dispose Hazardous Waste:

San Mateo County Household Hazardous Waste Drop-off Program: Make an appointment on-line at www.smhealth.org/hhw or call **650-363-4718**.



Items accepted: Cleaning supplies, hobby products, pesticides, pool products, oil based and latex paints, oil, aerosol spray cans, furniture and metal polishes, fluorescent lights, mercury thermometers, and other hazardous items sitting around in your cabinets and garage.

Recycling Opportunities:

Residential Curbside: Household batteries and used motor oil and filters. Place household batteries and oil filters in separate zip-lock type bags and place inside blue recycling lid. Place oil in a plastic container with a screw-on lid and tape, place next to recycling toter.

Drop-Off Locations

South San Francisco Scavenger Company, 500 East Jamie Court, SSF. Call **589-4020** for more information and directions. **Items accepted:** Household batteries, car batteries, used motor oil and filters, latex paint, antifreeze, and fluorescent lights. **Electronic items are also accepted:** Computer monitors, televisions, and cell phones. (There is a fee for TV's and computer monitors.)

Electronics: Computers and components, TVs and other electronics (working or not) can be dropped off for free at: Goodwill Donation centers - 1215 California Drive, Burlingame, visit www.sfgoodwill.org or call **800-4goodwill**, St. Vincent De Paul Society - 1600 El Camino Real, San Bruno, visit www.svdvp-sanmateoco.org or call **650-588-5767**, and GreenCitizen - 1576 Rollins Road, Burlingame, visit www.greencitizen.com or call **650-493-2700 x103**. For a full listing of drop-off locations and accepted items, call San Mateo County RecycleWorks Program at **888-442-2666** or visit www.RecycleWorks.org.

Fluorescent Lights: They contain mercury and are harmful to you and the environment if they are not recycled properly. Recycle your compact fluorescent lights and tubes at Orchard Supply Hardware at 900 El Camino Real, Millbrae, and all the Home Depot Stores.

Medications: Unwanted medications can be dropped off at the Millbrae Police Bureau at 581 Magnolia Avenue.

Paint: Paint can be dropped off at Kelly Moore Paints at 1497 El Camino Real, Millbrae. Call the store for information at **650-952-7770**.

The Hazards of Using Toxic Products

- ① Indoor air pollution has proven to be worse than outdoor air pollution. Items that you purchase at the store, such as oven cleaners and different types of cleaning supplies create an unhealthy indoor environment.
- ① According to the County of San Mateo, the average home uses and stores more than 60 hazardous products!
- ① For the outdoors, pesticides and herbicides contain toxic materials that are not healthy for people, animals, and the environment. When you put chemicals on your garden, you end up eating the residuals of the chemicals, which directly expose you to the hazards of the chemicals. When cats, dogs, bunnies, and other animals walk on a lawn with chemicals and fertilizers applied, they can also be harmed due to direct exposure.
- ① Rainfall and the watering of lawns wash these toxins into the storm drains that empty straight into creeks, the Bay and Ocean without any type of treatment, which harm aquatic wildlife and work their way up the food chain to humans.
- ① Hazardous waste needs to be properly handled and disposed of and cannot be placed in with the garbage, because it can injure trash collectors. It is harmful if it ends up in landfills where it can pollute soil and groundwater.
- ① Hazardous waste cannot be poured into household drains or toilets, because it will disrupt the sewage treatment process and lead to water pollution with the same hazardous results as listed above.
- ① Please see page 3 for disposal and recycling options.



Cleaning Products & Services

The following businesses carry a variety of laundry soap, dishwashing and other household cleaners that are non-toxic, phosphate free and biodegradable.

Earthbeam Natural Foods

1399 Broadway, Burlingame

650-347-2058

www.earthbeamfoods.com

Products Sold: Seventh Generation, Citrisolv and Mountain Green.

Emma's Eco Clean

1155 Broadway Ave., Ste. 129, Redwood City

650-261-1788

www.emmasecoclean.com

Services Provided: Least toxic house cleaning.

Lunardi's

2801 San Bruno Ave, San Bruno

650-952-2851

Products Sold: Planet and Seventh Generation.

Mollie Stone's Market

22 Bayhill Shopping Center, San Bruno

650-873-8075

1477 Chapin Ave., Burlingame

650-558-9992

www.molliestones.com

Products Sold: Planet, Ecover and Seventh Generation.

Orchard Supply Hardware

900 El Camino Real, Millbrae

650-873-5536

www.OSH.com

Products Sold: Method and Seventh Generation.

Trader Joe's

765 Broadway, Millbrae

650-259-9142

Products Sold: Trader Joe's brand of dishwashing and laundry soap and Earth Friendly all purpose cleaner.

Walgreens (2 locations)

615 Broadway and 45 S. El Camino Real, Millbrae

650-697-0166 and 650-697-3970

Products Sold: Planet, Seventh Generation and Method all purpose cleaners.

Whole Foods Market

1010 Park Place, San Mateo

650-358-6900

Products Sold: Planet, Ecover and Seventh Generation.

Dry Cleaners

The following businesses do not use the chemical perchloroethylene (PERC) that is used at most dry

cleaners which may cause cancer.

Holiday Cleaners

1050 Broadway, Millbrae
650-697-5779

Peninsula Cleaners

243 Broadway, Millbrae
650-697-8317

Garden Products

Common Ground Organic Garden Supply and Education Center

559 College Ave., Palo Alto
650-493-6072

www.commongroundinpaloalto.org

Products Sold: Organic seeds, seedlings, books, and a variety of events and classes on gardening.

Golden Nursery

1122 2nd Avenue, San Mateo
650-348-5525

www.goldennursery.com

Products Sold: Variety of organically grown vegetables and other seedlings.

Orchard Supply Hardware

900 El Camino Real, Millbrae
650-873-5536

www.OSH.com

Products Sold: Look on the shelf for pest management products labeled with a leaf symbol "Choose less toxic products." There are also a variety of information sheets on IPM techniques to use for your garden from the Our Water Our World Campaign. Compost bins, electric shredders, and organic vegetables and herbs are also sold.

County of San Mateo RecycleWorks Program

888-442-2666

www.RecycleWorks.org

Products Sold: Information is provided on backyard and worm composting, and resources on where to purchase compost bins. Free workshops on backyard composting, worm composting, and organic gardening are held at various locations in the County.

Walgreens (2 locations)

615 Broadway and 45 S. El Camino Real, Millbrae
650-697-0166 and 650-697-3970

Products Sold: Sluggo, Boric Acid, non-attracting bug lightbulbs and a variety of insect traps.

Whole Foods Market

1010 Park Place, San Mateo
650-358-6900

www.wholefoodsmarket.com

Products Sold: Organic seedlings.

Whole House Building Supply

1000 S. Amphlett Blvd., San Mateo

650-558-1400www.driftwoodsalvage.com

Buys and sells used garden tools, lumber, hardware, windows, doors, shelving, cabinets, bricks, roof tiles, gates, etc.

Yerba Buena Nursery

12511 San Mateo Road, Half Moon Bay

650-851-1668www.yerbabuenanursery.com

Products Sold: Native plants, which attract beneficial insects that eat harmful insects. This is the oldest native plant nursery in California.

Green Building

Also see the Building Materials section on page 13.

Kelly-Moore Paints

1497 El Camino Real, Millbrae

650-952-7770www.KellyMoore.com

Products Sold: Low volatile organic compound (VOC) paint.

Orchard Supply Hardware

900 El Camino Real, Millbrae

650-952-7770www.osh.com

Products Sold: LED Lighting

Sherwin-Williams Paints

1395 El Camino Real

650-266-3429

Products Sold: Low and zero volatile organic compound (VOC) paints.

Personal Care Products

The following businesses carry organic personal care products, such as shampoo, conditioner, lotions and makeup. Avoid products that contain phthalates, parabens, formaldehyde, coal tar, propylene glycol, EDTA, sodium laurel or laureth sulfates, acryl amide and lead acetate.

Earthbeam Natural Foods

1399 Broadway, Burlingame

650-347-2058www.earthbeamfoods.com**Glad Rags****800-799-4523** www.gladrags.com

Products Sold: Feminine hygiene products are made with chlorine which can be toxic. Organic cotton washable and reusable cloth pads, books, supplements and more.

Mollie Stone's Markets (2 locations)

22 Bayhill Shopping Center, San Bruno and

1477 Chapin Ave., Burlingame

650-873-8075 and 650-558-9992

www.molliestones.com

Trader Joe's

765 Broadway, Millbrae

650-259-9142

www.traderjoes.com

Whole Foods Market

1010 Park Place, San Mateo

650-358-6900

www.wholefoodsmarket.com

Pest Control

The following companies offer alternative fumigation methods, such as microwave, electro-gun, heat and bora-foam in addition to standard chemical methods. They are localized treatments done after whole structure treatment.

Alliance Environmental Group

3545 Victor Street, Santa Clara

877-858-6220

www.alliance-enviro.com

Services: Whole structure heat treatment for termites and mold, plus other environmental remediation services.

Donovan's Pest Control

650-365-1900

www.controlpests.com

Hurricane

800-801-0909

www.hurricanetermite.com

Western Exterminator

650-579-6565

www.westernexterminator.com

Web/Mail Order

EcoChoices

Internet Store

626-969-3707

ecochoices.com/ecokitchen

Products Sold: Variety of home and garden products, natural cleaners, and organic clothing and bedding.

Eco-Wise

Austin, Texas

512-326-4474

www.ecowise.com

Products Sold: Variety of home and garden products, organic bedding and clothing, and other earth friendly products.

Gaiam

877-989-6321 for catalog or to order

www.gaiam.com

Products Sold: Organic clothing and bedding, personal care, and home and garden items.

Real Goods

13771 S. Highway 101, Hopland
 707-462-2558, 800-762-7325 (for catalog)
 www.realgoods.com

Products Sold: Many non-toxic pest control alternatives, compost bins, garden products, solar and other earth friendly products. They also have a store with many products that promote sustainable living and a Solar Living Center for tours.

Seeds of Change

Santa Fe, NM
 888-762-7333
 www.seedsofchange.com

Products Sold: Organic seeds and seedlings.

Seventh Generation

Burlington, Vermont
 800-456-1191
 www.seventhgeneration.com

Products Sold: Cleaning and personal care products. They also have a monthly informational newsletter covering the latest news on the hazards to human health associated with toxic products.














Reduce

Reduce  then Recycle 

Save Resources and the Environment

We can conserve our natural resources such as water, trees, metals, and non-renewable energy sources by rethinking how we purchase, use, and throw away items, thereby reducing air, land, and water pollution.

Practice these waste reduction tips:

-  Purchase food and other items in bulk to reduce packaging, natural resources, and energy related to transportation.
-  Purchase products with minimal and recyclable packaging.
-  Purchase items that are produced and grown close to home.
-  Rent or borrow items instead of buying new.
-  Use reusable shopping bags, water bottles, travel mugs, foodware (plates, cups, and utensils), cloth napkins, rechargeable batteries, reusable pens/pencils and razors.
-  Stop junk mail – visit www.stopjunkmail.org, www.catalogchoice.org, and www.DirectMail.com.
-  Pack waste free lunches for school and work – visit www.wastefreelunches.org.
-  Reduce paper – reuse used, one-sided paper for printing or creating note pads.
-  Repair items such as clothes, shoes, electronics, and furniture. Do it yourself or use local shoe cobblers, seamstresses, repair shops, and furniture restoration shops.
-  Determine your environmental impact at www.coolcalifornia.org.
-  Get inspired – watch The Story of Stuff and The Story of Solutions at www.storyofstuff.org/movies. Learn about the production and consumption of goods and the associated environmental impacts and solutions.



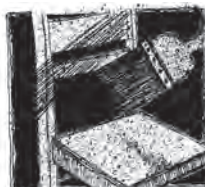
Reuse Resources



Too Good to Throw Away

- ① Thousands of useful items are thrown away every day.
- ① Donating usable items to organizations keeps them out of the landfill while fulfilling the needs of others.
- ① If you have household goods that are repairable or reusable, please consider donating them to a charitable organization.
- ① Other organizations are listed in the yellow pages under thrift stores, consignment services, used clothing, second hand and furniture dealers.
- ① Be sure to call the organizations for more information, requirements and hours of operation.

Give your items a second chance. . .
choose to reuse!



Appliances

Ecumenical Hunger Program

2411 Pulgas Avenue, East Palo Alto
650-323-7781

www.ehpcares.org

Call for pick-up or drop-off services. Accepts non-perishable food. Appliances 10 years or newer.

Otto's Appliance Service

1663 El Camino Real, Millbrae
650-588-0309

Repairs most appliances except refrigerators.

Project 90

650-579-7881

www.projectninetynety.org

Call for free pick-up of all kinds of appliances. Accepts non-perishable food.

St. Vincent De Paul Society (2 locations)

344 Grand Ave., SSF & 1600 El Camino Real, San Bruno
650-871-6844 and 650-588-5767

www.svdp-sanmateoco.org

Call for free pick up of frost-free refrigerators. Accepts non-perishable food at the South San Francisco location.

Bags

Purchase reusable shopping bags locally at Safeway, Trader Joe's, Walgreens, Lucky, Bavi's Hallmark and other stores.

Batteries

Instead of buying disposable batteries, buy rechargeable batteries. The company Gaiam did the math and found 4,000 Ah of power costs \$1,425.00 with disposable alkalines and only \$61.00 with rechargeable NiMH batteries including charger and electricity.

Recycle your batteries curbside by placing them in a ziplock type bag on top of the cans and bottles, under the blue lid, if you live in a single family home. Residents living in apartments may recycle them at the library by the copy machine.

Books

Books for Asia

510-667-6475

www.asiafoundation.org

Accepts textbooks, reference, and technical books (all levels).

Books For The Barrios

925-687-7701

www.booksforthebarrios.com

Accepts children's books, National Geographic, games, manual typewriters, and school supplies for distribution in third world countries.

Call Primrose Center

139 Primrose Road, Burlingame

650-342-2255

www.callprimrose.org

Accepts children and adult books. See listing under medical.

Goodwill Stores (2 locations)

225 Kenwood Way, SSF

1215 California Drive, Burlingame

650-737-9827 and 650-373-1235

www.sfgoodwill.org

Accepts all books including text books, except for magazines or encyclopedias.

Millbrae Library

1 Library Avenue, Millbrae

650-697-7607

www.plsinfo.org

Accepts books. Call for more information.

Building Materials

View a copy of the Construction Site Recycling Guide on-line at www.ci.millbrae.ca.us/recycling or call 259-2444 for a copy.

Building Resources

701 Amador at Third Street, San Francisco

415-285-7814

www.buildingresources.org

Buys and sells wood, doors, windows, hardware, toilets, shelving, etc.

Urban Ore

900 Murray Street, Berkeley

510-841-7283

www.urbanore.com

Buys and sells used wood, doors, windows, hardware, toilets, shelving, etc.

Whole House Building Supply

1000 S. Amplett Blvd., San Mateo

650-588-1400

www.driftwoodsalvage.com

Buys and sells used lumber, hardware, windows, doors, shelving, cabinets, bricks, roof tiles, gates, etc.

Clothing

See Household Items for other businesses.

Amelia's Antics

311 Broadway, Millbrae

650-689-5311

www.ameliasantics.com

Products Sold: Consignment store that sells freshly laundered and gently worn women's and maternity clothes, purses, shoes, handbags and jewelry.

Computers/Electronics

SSF Scavenger Company accepts electronic waste for recycling of items that cannot be reused, **589-4020**. A fee applies to TV's and computer monitors. For working items less than 5 years old, call **888-442-2666** or visit www.RecycleWorks.org. Also see Goodwill below.

711 Computer Repair

711 El Camino Real

650-259-9744

Repairs computers and will accept non-working computers. Call for an appointment.

Cell Phones

- Millbrae Police Bureau
581 Magnolia Avenue
650-259-2300
- South San Francisco Scavenger Co.
500 East Jamie Court, SSF
650-589-4020

Unwanted cell phones are distributed for free to people at risk and victims of domestic abuse and violence.

C.U.R.A

510-713-3213

Nonprofit that collects computer parts and related products for reusing and recycling. Pick-up and drop-off.

Future Fibre

316 N. El Camino Real, #301, San Mateo

650-344-9502

Collects working and non-working hardware.

Goodwill Stores (2 locations)

225 Kenwood Way, SSF

1215 California Drive, Burlingame

650-737-9827 and 650-373-1235

www.sfgoodwill.org

Accepts working and non-working electronics free of charge.

GreenCitizen

1576 Rollins Road, Burlingame

650-493-8700 x103

www.greencitizen.com

Accepts TVs, computers and accessories, phones, VHS tapes, floppy disks, printer cartridges, hard disk destruction, and cell phone erasure. Free recycling of TVs, monitors, and computers. Fees apply for some items.

GreenDisk

800-305-3475

www.greendisk.com

This is a mail in system which accepts used diskettes, ink jet and toner cartridges, cell phones, videotapes, CD, CDR, CDRW, DVD (and cases), audio tapes (and cases), pagers and PDA's.

St. Vincent De Paul Society (2 locations)

344 Grand Ave., SSF & 1600 El Camino Real, San Bruno

650-871-6844 and 650-588-5767

www.svdp-sanmateoco.org

Call for free pick up of frost-free refrigerators.

Accepts working and non-working electronics free of charge.

Creative Supplies

RAFT (2 locations)

Resource Area for Teachers

1355 Ridder Park Drive, San Jose

101 Twin Dolphin Drive, Redwood City

408-451-1420 and 650-802-5505

www.raft.net

Collects business and home discards for school and community art projects. Accepts paper, fabric, plastic, foam, wood tubes, containers and more.

SCRAP

Scrounger's Center for Reusable Art Parts

801 Toland (entrance on Newcomb), San Francisco.

415-647-1746

www.scrap-sf.org See RAFT description.

Food

Second Harvest Food Bank

1051 Bing Street, San Carlos

650-610-0800

www.shfb.org

Accepts donations for non-perishable food and unserved leftover perishable or fresh food from catered events. See Appliances and Household Items for organizations that also accept non-perishable food.

Hair

Locks of Love

234 Southern Blvd., West Palm Beach, FL 33405

888-896-1588

www.locksoflove.org

Accepts 10-inch minimum length of hair for children suffering from long term medical hair loss.

Pantene Beautiful Lengths

800-945-7768

www.beautifullengths.com

Accepts 8-inch minimum length of hair and will be made into wigs for women who suffer from cancer.

Household Items

Ecumenical Hunger Program

2411 Pulgas Ave., Palo Alto

650-323-7781

www.ehpcares.org

Drop-off and pick-up service, call first. Donates items to families in need. Accepts non-perishable food.

See listing under appliances on page 12.

Goodwill Stores (2 locations)

225 Kenwood Way, SSF and
1215 California Dr., Burlingame
650-737-9827 and 650-373-1235

www.sfgoodwill.org

Other drop-off locations are available in South San Francisco.

Human Services Agency of San Mateo

650-301-8444

Call for drop-off locations for small household items to give to families in need. Free pick-up of large household items.

PARCA

650-312-0725

www.parca.org

Serving people with development disabilities and their families. Provides pick-up service for clothing and small household items.

Peninsula Humane Society Pick of the Litter

1127 Chula Vista, Burlingame

650-344-1662

www.peninsulahumanesociety.org

Accepts books, furniture, clothing, and housewares. Call prior to dropping off donated items.

Peninsula Humane Society & SPCA

12 Airport Blvd., San Mateo

650-340-7022

www.peninsulahumanesociety.org

Accepts old towels and blankets for pet bedding, toys, clear feather dusters, shoeboxes, balls and paper.

The Salvation Army (3 locations)

300 El Camino Real, San Bruno, 1170 Mission Road, SSF, & 409 S. Spruce Avenue, SSF

650-583-3589, 650-873-3006, and 650-266-4591

Pick-up: **800-958-7825**

St. Vincent De Paul Society (2 locations)

344 Grand Ave., SSF & 1600 El Camino Real, San Bruno

650-871-6844 and 650-588-5767

www.svdp-sanmateoco.org

Free pick-up of clothes, refrigerators and furniture. Accepts non-perishable food.

United Cerebral Palsy Association

650-593-1811

Free pick-up of furniture, small appliances, clothing and books.

Medical Equipment**CALL Primrose Center**

139 Primrose Road, Burlingame

650-342-2255

www.callprimrose.org

Accepts canes, walkers, wheel chairs and shower chairs.

Nursery Pots

Please see www.RecycleWorks.org for more locations.

Ah Sam Florist

2645 South El Camino Real, San Mateo
650-341-5611

www.ahsam.com

Accepts all sizes for recycling.

Golden Nursery

1122 2nd Avenue, San Mateo
650-348-5525

www.goldennursery.com

Accepts containers larger than 1-gallon and flat plastic trays.

Half Moon Bay Nursery

11691 San Mateo Rd. (Highway 92), Half Moon Bay
650-726-5392

www.HMBnursery.com

Accepts 4" and above pots. No six packs.

Office Furniture

Repo Depot

1669 Bayshore Highway, Burlingame

650-692-5000

www.repodepo.com

Buys and sells used office equipment and furniture.

Packaging Materials

UPS Store

423 Broadway Avenue, Millbrae

650-697-3246

Accepts used, clean polystyrene (styrofoam) packaging material (pellets) and bubblewrap.

TV/VCR Repair

Rainey's TV Inc.

1472 El Camino Real, San Bruno

650-583-1619

Repair services for TV's, VCR's and DVD's.

Vehicles

Make a Wish Foundation

800-464-9474

www.sf.wish.org

Call for free pick-up of cars, motorcycles, boats, trailers and motor homes. Assists kids with life threatening diseases.

The Salvation Army

800-742-5787

Pick-up of vehicles, motorcycles, boats and RV's.

Recycled Products

Why Buy Recycled?

Buying products made from recycled materials is a simple way to help the environment and ensure the long-term success of curbside recycling programs. Post-consumer recycled products are made from the materials you set out at the curbside. There are a variety of products made from recyclables, such as many types of paper, cereal and tissue boxes, toilet paper, plastic lumber and much more.

One Ton or 40 Cases of Recycled Paper Saves:

- 17 trees
- 7000 gallons of water
- 4100 kwh of energy, enough to power the average home for 6 months
- 60 pounds of air pollution
- 2.5 cubic yards of landfill space

Recycling cans, bottles, paper and other materials is the first step in the recycling process. Take the next step by shopping for products made from recycled materials. When you buy recycled, you close the loop by completing the recycling process. Something isn't recycled unless you buy the end product.

This is especially important for the paper industry, since 36% of the average landfill is comprised of paper. Americans discard 4 million tons of office paper each year, enough to build a 12-foot wall from Los Angeles to New York City.

For more information on recycling, contact the South San Francisco Scavenger Company and visit www.ssfscavenger.com or call **650-589-4020**, or contact the City's Recycling & Waste Prevention Program at www.ci.millbrae.ca.us/recycling or **259-2444**.



How to Buy Recycled

When shopping, look for products containing the highest percentage of post-consumer recycled material you can find. This means the product is made from recyclables that are from consumers (that's us!).

Look for the recycling symbol and a statement that the product is made from post-consumer recycled material.



- If post-consumer recycled content products are not available at the stores where you shop, ask the store manager to begin stocking these products.
- Shopping by mail for items with recycled content is another option.
- Write to manufacturers and ask that they begin producing products with recycled content.
- Encourage others in your neighborhood, office, and community to buy recycled products.

***So, take the next step.....
buy recycled products!***



Where to Buy Recycled Products

Automotive Oil



Coast Oil

4250 Williams Rd., San Jose

408-252-7720

Products Sold: Rerefined oil: 5 gallon buckets and drums.

First Automotive

273 E. Harris Avenue, SSF

888-980-9076 (toll free) • 650-244-9342

Products Sold: Rerefined oil: quarts, gallons, 5 gallon and bulk.

Clothing



Patagonia

Internet Store

800-638-6464

www.patagonia.com

Products Sold: Many products from post-consumer recycled plastic.

REI

1119 Industrial Road, Suite 1-A, San Carlos

650-508-2330

www.rei.com

Products Sold: Clothing, shoes and boots.

Splaff

Internet Store

619-221-9199

www.splaff.com

Products Sold: Shoes, bags, belts, and accessories made from bike and auto tires, and natural hemp.

Copy Stores



FedEx Office

365 Broadway, Millbrae

650-777-1200

Products Sold: Binders, cards and stationary. Recycled content white paper is used for self-service and custom print. For custom print jobs on colored paper, request recycled paper.

Office Depot

959 El Camino Real, Millbrae

650-238-5476

www.officedepot.com

Products Sold: Variety of recycled paper sold. Recycled content paper is used by the Copy Service.

Furniture

A Happy Planet

4501 Irving St. @ 46th Ave., San Francisco

888-424-2779

www.ahappyplanet.com

Products Sold: Mattresses, sheets, blankets and pillows.

Abundant Earth

Internet Store

888-51-EARTH

www.abundantearth.com

Products Sold: Shelves, tables, beds, dressers, desks and patio furniture.

EcoChoices

Internet Store

Glendora, CA

www.ecochoices.com

Products Sold: Bean bags, organic and hemp furniture, and bedroom furniture made from sustainable wood.

Gaiam

Internet Store

877-989-6321www.gaiam.com**Products Sold:** Rugs made from old t-shirts, iron leaf towel bars, mirrors and tables.**Green Home**

Internet Store

San Francisco

877-282-6400www.greenhome.com**Products Sold:** Beds, chairs, chests and drawers, couches, entertainment centers and tables.**Heritage Salvage**

1473 Petaluma Blvd. S., Petaluma

707-762-6277www.heritagesalvage.com**Products Sold:** Picture frames, mirrors, and furniture from salvaged wood.**Viva Terra**

Internet Store

Pueblo CO

800-233-6011www.vivaterra.com**Products Sold:** Wine barrel chairs, plastic rugs and wood nesting tables.**The Wooden Duck**

1823 Eastshore Highway, Berkeley

510-848-3575www.thewoodenduck.com**Products Sold:** Furniture made from reclaimed wood.**Woodshanti**

909 Palou Avenue, San Francisco

415-822-8100www.woodshanti.com**Products Sold:** Furniture and kitchen cabinets made from reclaimed wood or sustainably harvested wood.**Garden Supplies****Close the Loop**

Internet Store

Kunkletown, PA 18058

866-240-9172www.closesthe-loop.com**Products Sold:** Tire swings and mulch made from tires. Fencing and pavers made from plastic, and garden glass.**Gaiam**

Internet Store

877-989-6321www.gaiam.com**Products Sold:** Plastic waspinator to repel wasps,

glass wasp catcher, copper planter and watering can, steel hose holder, tire buckets, ½ wine barrel bed and plastic rugs.

Gardeners Supply Company

Internet Store
Burlington, VT
888-833-1412

www.gardeners.com

Products Sold: Rubber mulch and mats, coco fiber mulch and mats, and rubber interlocking pavers.

Green Home

Internet Store
San Francisco
877-282-6400

Products Sold: Plastic lawn furniture and numerous other environmental products.

Heavenly Greens

Internet Store
San Jose
408-723-4954

www.heavenlygreens.com

Products Sold: Synthetic lawns made from tires. Requires no watering or harmful chemicals and fertilizers.

Orchard Supply Hardware

900 El Camino Real, Millbrae
650-873-5536

www.OSH.com

Products Sold: Hoses, lawn edging, spray bottles, compost bins, planting pots and door mats.

West Coast Rubber Recycling

1501 Lana Way, Hollister
831-634-2800

www.groundrubber.com

Products Sold: Products made from 100% recycled California tires. Playground cover, landscape cover (mulch), horse area cover, slide tiles, wheel stops and anti-fatigue mats.

Green Building

Green Building integrates all aspects of designing, constructing or renovating buildings with environmental components.

View a copy of the Construction Site Recycling Guide on-line at www.ci.millbrae.ca.us/recycling or call 259-2444 for a copy.

Belmont Hardware

940 El Camino Real, Belmont
650-591-0345

www.belmonthardware.com

Products sold: Glass cabinet and drawer handles made by St. Vincent De Paul.

Kelly-Moore Paints

1497 El Camino Real, Millbrae

650-952-7770www.kellymoore.com**Products Sold:** Recycled paint.**Sierra Point Lumber**

601 Tunnel Avenue, Brisbane

415-468-1000www.sierrapointlumber.com**Products Sold:** Decking and other environmentally friendly products, such as certified lumber, arsenic-free treated wood, redwood, etc.

Household Accessories

Abundant Earth

Internet Store

888-51-EARTHwww.abundantearth.com**Products Sold:** Sundials, weathervanes, home and office signs, candle holders, kitchen glassware, tire swings and furniture.**Real Goods**

13771 S. Highway 101, Hopland

707-744-2100www.realgoods.comMany products featured on this website are also available through the Real Goods catalog. To receive a catalog, call **800-762-7325**.**Products Sold:** Gifts, rain barrels, drinking glasses, doormats and more.**Recycled Glassworks**

238 Bonview St., San Francisco

415-641-5610www.recycledglassworks.com**Products Sold:** Dishes from plate glass.**Viva Terra**

Internet Store, Pueblo, CO 81008

800-233-6011www.vivaterra.com**Products Sold:** Decanters, goblets, tumblers, dishes, wood lanterns, aluminum candlesticks, leaf trays, lazy susans, sun tea jugs, shelves and tables.

Household Products

The following businesses sell a variety of products with recycled content, including trash bags and paper products, such as toilet paper, facial tissue, paper towels and napkins. They also carry non-toxic and environmentally safe household products. Always look for the recycling arrows! Please see the Non-toxic Products section for non-toxic alternatives.

Lucky

45 Murchison Drive, Millbrae
650-692-0429
www.luckysupermarkets.com

Earthbeam Natural Foods

1399 Broadway, Burlingame
650-347-2058

Eco-Bags Products, Inc.

Internet Store
800-720-2247

www.ecobags.com

Products Sold: Bags from recycled cotton.

Mollie Stone's Market (2 locations)

22 Bayhill Shopping Center, San Bruno and
 1477 Chapin Ave., Burlingame
650-873-8075 and 650-558-9992

Products Sold: Planet, Ecover and Seventh Generation.

Safeway

525 El Camino Real, Millbrae
650-652-3416

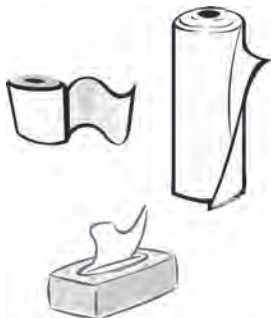
Seventh Generation, Inc.

Internet Store
 Burlington, VT
800-456-1191

www.seventhgeneration.com

Trader Joe's

765 Broadway, Millbrae
650-259-9142
www.traderjoes.com



Whole Foods Market

1010 Park Place, San Mateo
650-358-6900
www.wholefoodsmarket.com

Office & Paper Supplies

Give Something Back

A Community Enterprise
 Internet Store
800-261-2619
www.givesomethingback.com

Products Sold: Variety of office products: paper, envelopes, file folders and more. Donates profits to community groups.

GreenDisk

Internet Store
800-305-3475
www.greendisk.com



Products Sold: Computer disks and jewel cases.

Green Earth Office Supply

1400 Coleman Ave., #H16, Santa Clara
800-327-8449 or 408-353-2096
www.greenearthofficesupply.com

Types of Recycled Paper Sold:

Notebooks, stationery, tree-free, white paper.

Other Products Sold: Folders, tree-free paper, biodegradable food packaging, hemp products, unique items and other office supplies.

Office Depot

959 El Camino Real, Millbrae

650-238-5476

www.officedepot.com

Types of Recycled Paper Sold:

White and colored paper and cardstock.

Other Products Sold: Variety of file folders and other types of folders, mailing envelopes, binders, index cards, notebook paper, napkins, toilet paper, paper towels and steel bookracks.

Recycled Products Purchasing Cooperative

Internet Store

Encinitas, CA

760-802-5690

www.recycledproducts.org

Types of Recycled Paper Sold:

White and colored paper. Warehouses are located in San Francisco, San Mateo and Hayward. The typical turn-around time is 1-2 days.

New Leaf Paper

55 Harrison Street, Ste. 300, Oakland

888-989-5253

www.newleafpaper.com

Products Sold: Paper.

Stationers**Bavi's Hallmark**

717 Broadway, Millbrae

650-697-5279

Products Sold: Greeting cards for all occasions.

FedEx Office

365 Broadway, Millbrae

650-777-1200

Products Sold: Binders, cards and stationery. Recycled content white paper is used for self-service and custom print. For custom print jobs on colored paper, request recycled paper.

Paper Culture

Internet Store (Located in Millbrae)

877-772-8588

www.paperculture.com

Products Sold: Baby announcements, cards for all occasions and stationary made from 100% post consumer recycled paper.

Other Resources

San Mateo County Master Gardener Help Line 650-726-9059 x 107

<http://smsf-mastergardeners.ucanr.org>

They can help answer questions about funny little spots on your plants or an unusual bug flying around your garden. Send in samples of troubled plants to get answers.

CalMAX

www.calrecycle.ca.gov/CalMax

One-stop shop of websites to list or find materials and items for reuse.

CalRecycle

916-322-4027

www.calrecycle.ca.gov

Information is available on all aspects of waste management, including reducing, reusing, recycling and on household hazardous waste.

County of San Mateo Health Services

650-363-4718

www.smhealth.org/hhw

Hazardous waste information and drop-off program for households and small businesses.

County of San Mateo RecycleWorks (Recycling & Composting Program)

888-442-2666

www.RecycleWorks.org

Hotline and on-line service directory of reuse and recycling facilities, recycled products, green building, and solar energy. Information is also available on backyard and worm composting and sustainable gardening.

Earth911

800-CLEANUP

www.earth911.com

Information is available on household hazardous waste, recycling, composting and environmental shopping. Community specific information accessible through inputting zip code.

Household Products Database

<http://householdproducts.nlm.nih.gov>

National Institutes of Health & National Library of Medicine. Learn what's in household products and the potential health effects, and other safety and handling information.

Millbrae Community Center

477 Lincoln Circle, Millbrae

650-259-2360

Variety of environmental handouts including integrated pest management (IPM) techniques from the Our Water Our World Campaign as well

as how to make and use compost instead of using fertilizers and soil conditioners.

Our Water Our World

www.ourwaterourworld.org

Contains information on managing home and garden pests using safer alternatives to pesticides.

San Mateo Countywide Water Pollution Prevention Program

www.flowstobay.org

Focuses on solutions for preventing pollution of local creeks, the Bay and Ocean. Integrated Pest Management (IPM) fact sheets on pests and other garden information are available.

**South San Francisco Scavenger Company
650-589-4020**

www.ssfscavenger.com

Drop-off of recyclable hazardous waste: see page 3. Also contact for garbage and recycling services.

**U.S. Environmental Protection Agency, Region IX
415-947-8021**

www.epa.gov

Contains information on hazardous products and alternatives.



City of Millbrae

Recycling & Waste
Prevention Program

621 Magnolia Avenue
Millbrae, CA 94030
650-259-2444

www.ci.millbrae.ca.us/recycling



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www.ci.millbrae.ca.us/recycling

The Recycling & Waste Prevention Program is a program of the Public Works Department. Waste prevention, recycling, composting and household hazardous waste programs are provided for free to residents.

FREE Brochures

Call to receive brochures, visit the City's website listed above or pick them up at City Hall, the Library or Community Center.

- Backyard and Worm Composting, and Bin Order Forms
- Less Toxic Cleaning Alternatives
- Construction Site Recycling
- Pest Prevention Methods
- Curbside Recycling
- Electronics and Computer Recycling
- Household Hazardous Waste Recycling and Disposal
- Less-Toxic Gardening
- Junk Mail Reduction Kit

FREE Workshops

- Backyard & Worm Composting
- Organic Gardening
- Energy Conservation

Additional City Environmental Resources

- Water Resources & Conservation Program
 - Rebates: High efficiency toilets and clothes washing machines, rain barrels and cisterns
 - Water saving devices and brochures
 - Water-Wise Workshops
- Climate Protection
- Pollution Prevention



The City of Millbrae does not endorse or recommend any particular company identified.